

ANALYSIS OF ABRAHAM MASLOW'S HIERARCHY OF NEEDS THEORY IN IMPROVING STUDENTS' EMOTIONAL INTELLIGENCE

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Abstract

Article This discuss about theory hierarchy need according to Abraham Maslow in increase intelligence emotional participant educate. Abraham Maslow stated that man have five needs the basics that must be fulfilled, namely covering need physical, safety needs, needs will love, need will award self, and needs actualization self. While That intelligence emotional is an idea coined by Daniel Goleman in its mastery regarding five things, namely awareness self, settings self, motivation, empathy, and skills social. Although leave from two different things, hierarchy need man own relatedness with intelligence emotional. This is due to hierarchy need human beings who have fulfilled in accordance level or its level, can give positive impact in increase intelligence emotional, especially in participants educate. During this, theory hierarchy Abraham Maslow's needs are often associated with motivation Study participant educate. However, still Not yet there is someone discussing relatedness theory This with intelligence emotional. Purpose study This is for analyze and identify impact from theory hierarchy need in increase intelligence emotional participant educate. Research This expected can give contribution for development theory and practice in the world of education, as well for add outlook for public broad, especially educators in increase intelligence emotional participant educate.

Keywords: Theory Hierarchy, Intelligence Emotional, Results Learning, Analysis Theory.

مستخلص البحث

تتناول هذه المقالة نظرية هرم ماسلو للاحتياجات الإنسانية في تحسين الذكاء العاطفي للطلاب. اقترح ماسلو أن للإنسان خمس احتياجات أساسية يجب إشباعها، وهي: الاحتياجات الجسدية، واحتياجات الأمن، واحتياجات الحب، واحتياجات تقدير الذات، واحتياجات تحقيق الذات. أما الذكاء العاطفي، فهو فكرة طرحها دانيال جولمان، وتتضمن إتقان خمسة عناصر، وهي: الوعي بالذات، وتنظيم الذات، والتحفيز، والتعاطف، والمهارات الاجتماعية. ورغم اختلاف مفهومهم أبراهم ماسلو للاحتياجات الإنسانية، إلا أنه يرتبط بالذكاء العاطفي. ويعود ذلك إلى أن تلبية هذه الاحتياجات، وفقاً لمستواها أو مستواها، يمكن أن يكون له تأثير إيجابي على تحسين الذكاء العاطفي، وخاصة لدى الطلاب. وحتى الآن، غالباً ما ارتبطت نظرية ماسلو للاحتياجات الإنسانية بدافعية الطلاب للتعليم. ومع ذلك، لم يناقش أحد العلاقة بين هذه النظرية والذكاء العاطفي. وتهدف هذه الدراسة إلى تحليل وتحديد أثر نظرية أبراهم ماسلو للاحتياجات الإنسانية في تحسين الذكاء العاطفي للطلاب. من المتوقع أن تسهم هذه الدراسة في تطوير النظريات والتطبيق في مجال التعليم، بالإضافة إلى تعزيز فهم المجتمع ككل، وخاصة للمعلمين، لتحسين الذكاء العاطفي لدى الطلاب.



الكلمات المفتاحية: نظرية التسلسل الهرمي والدكاء العاطفي ومخرجات التعلم وتحليل النظريات.

INTRODUCTION

Intelligence emotional is one of ability For understand emotion self yourself and others. Through intelligence emotional, someone will own aspect more knowledge positive about emotion. Knowledge This finally I can become supplies somebody in interact with others. Intelligence emotional is very thing important owned by each individuals, including participant educate. In realm education, intelligence emotional rated own sufficient implications close with results learning.

Hierarchy need is a theory about level need human beings coined by Abraham Maslow. According to theory This every individual have five needs tiered which if every need that fulfilled, then can support development psychological individual that myself. However in matter this need underlined underline, that the five needs the own limitation in accordance with age each individual. In the realm of education, every participant educate will own need different customized with age and level education.

During this theory coined by Abraham Maslow regarding hierarchy need always associated with motivation humans, including motivation participant educate. This is due to motivation can realized, because encouragement from need human beings who must fulfilled.¹ According to theory This there are five needs base participant education that must be filled before expect they can optimize all its potential.²

In research studies previously explained that, the need a fulfilled human being can Motivate human, so that they capable optimize its potential. However still a little research that discusses about relevance Abraham Maslow's theory with intelligence emotional.

Abraham Maslow's theory on hierarchy need human, have very relevant close with intelligence emotional participant educate. This is due to fifth need humans as proposed by Abraham Maslow, namely need base the covering need base physiology, sense of safety and comfort, needs love and affection dear, need social and needs actualization self, have implications to intelligence emotional every individuals, including participant learn. Participants students who have fulfilled need basically, then tend will own intelligence more emotional good.

¹ Dea Tara Ningtyas, Nur Aini Farida, and Ais Firadilah, "Implemetasi Teori Motivasi Abraham Maslow dalam Pembelajaran Pendidikan Agama Islam," *Tapis: Jurnal Penelitian Ilmiah* 6, no. 1 (2022): 28–34.

² Nurhaswinda Nurhaswinda, Adi Atmoko, and Radeni Sukma, "Analisis Teori Kepemimpinan Humanistik Pada Kepemimpinan Ketua Prodi Di Perguruan Tinggi," *Jurnal Review Pendidikan Dan Pengajaran (JRPP)* 7, no. 3 (2024): 6432–36.

Objective study this is for analyze and identify impact from theory hierarchy need in increase intelligence emotional participant educate. Research this expected can give contribution for development theory and practice in the world of education, as well for add outlook for educator in increase intelligence emotional participant educate.

METHOD

Study this use method study studies the bibliography conducted with searching, reading, and analyze articles from various journal that discusses theory hierarchy needs and intelligence emotional. This is based on explanation Bahrum Subagiya, that study with method study literature limit activity study only on collection library or through articles, as well as books only, without need study field.³

RESULTS AND DISCUSSION

Theory Hierarchy Abraham Maslow's Needs

Abraham Maslow categorized and ranked need in five levels of functioning as strength the driving force behind various behavior man.⁴ The following This are five needs base man according to Abraham Maslow's theory:

1. Need Physique

According to Abraham Maslow, the most basic needs every individual is need physical which includes food, drink, enough sleep, and so on that work for fulfil need body or need physical.

2. Need for Safety

If needed physique already fulfilled, then level second this will participate needed. Needs at the level furthermore covers need will feel safe. As for the sense of security that is intended this includes a sense of security from various dangerous circumstances, such as disease, crime, disaster nature and so on.

3. Need Love and Belonging

Furthermore, is need will love and belonging. Needs will the love in question in matter this no always love that is found from against type. However, the love that was meant can in the form of love or love darling from parents, friends, and friends around. As for the

³ Bahrum Subagiya, "Eksplorasi Penelitian Pendidikan Agama Islam Melalui Kajian Literatur: Pemahaman Konseptual Dan Aplikasi Praktis," *Ta'dibuna: Jurnal Pendidikan Islam* 12, no. 3 (2023): 304–18.

⁴ Ikrima Noka Wardani and Acep Samsudin, "Implementasi Teori Hierarki Kebutuhan Maslow Terhadap Kepemimpinan Perusahaan Pada Divisi Operasional Industri PT Molindo Raya Industrial," *Management Studies and Entrepreneurship Journal (MSEJ)* 4, no. 6 (2023): 9682–94.

ownership in question in matter this is a sense of ownership that is automatic will born side by side love the love that is received by each individual.

4. Need Valued

Need this covers need will award or value obtained somebody from other people in the environment social. Good in the form of achievement, reputation, attention, and confession from other people.

5. Need Actualization Self

Actualization self is part last from level need each individual. Actualization self is condition where somebody already capable give opportunity and space for himself alone in decide as well as develop all what he wants.

Implications Theory Hierarchy Need in Increase Intelligence Emotional Participant Educate

In realm education, theory hierarchy needs proposed by Abraham Maslow have great influence to intelligence emotional participant educate. As explained previously, that intelligence emotional is important thing owned by participants educate. This is due to intelligence emotional can give positive influence on the process and results learning participant educate.

Basically intelligence emotional Alone is an idea first popularized by Daniel Goleman. Intelligence emotional according to Daniel Goleman has a very important role important in aspects life. Intelligence emotional covers mastery regarding five things, namely awareness self, settings self, motivation, empathy, and skills social.⁵

Intelligence emotional can refer to ability somebody in understand self-own, manage emotions, take advantage of emotion in a way productive, ability empathize, and foster connection.⁶ It is stated in A journal about intelligence emotional, that intelligence emotional need developed in self-participant educate. Because with intelligence emotional, participants educate can manage his emotions become more directed. Besides that, intelligence Emotional also has an effect to success participant educate in the learning process.⁷

In increase intelligence emotional participant educate, fulfillment to levels need man as coined by Abraham Maslow, very required. Participants students who have fulfilled need basically

⁵ D Goleman, *Ecoliterate: How Educators Are Cultivating Emotional, Social, and Ecological Intelligence* (John Wiley & Sons, 2022).

⁶ Cut Maitrianti, "Hubungan Antara Kecerdasan Intrapersonal Dengan Kecerdasan Emosional," *Jurnal MUDARRISUNA: Media Kajian Pendidikan Agama Islam* 11, no. 2 (2021): 291–305.

⁷ Laily i Fitriani, "Pengaruh Kecerdasan Emosional Terhadap Hasil Belajar Matematika Siswa," *Journal of Math Tadris* 2, no. 2 (2022): 125–40. <https://doi.org/10.55099/jurmat.v2i2.62>.

as human, then own more possibilities big for increase intelligence emotional. Here this is details from implications theory Abraham Maslow's hierarchy of intelligence emotional based on level levels:

1. Fulfilment Needs Physique

Fulfilment need base like adequate food, drink and sleep naturally own great influence to condition soul someone, including participant learn. Participants students who come to school in condition hungry, lacking nutrition, or not enough sleep, tend to will experience anxiety, or even disturbance others. On the other hand, participants students who come to school or do learning in condition need physical requirements are met, allowing participant educate the more calm, healthy and focused. Condition healthy body as explained, can play a role in increase ability participant educate for manage emotion with positive and more good.

2. Fulfilment of Sense of Security

Furthermore, is when participant educate Already feel safe in a way physical and emotional, then can confirmed they will more protected from deep fear matter This can made into as part from fulfilment of sense of security. Participants students who have truly fulfilled need will feel safe that, later also has more opportunities big for more open in face and resolve problem emotional. This is of course it also has an impact to intelligence emotional participant educate the.

3. Fulfilment Love and Belonging

At the level this, participants students who have fulfilled love and affection unfortunately, have trend will connection healthy social with people around them, including in the environment school. This is can strengthen ability empathy and understanding to other people's emotions. Participants capable learner do interaction positive social own most likely in build and maintain relationship, as well as give support emotional to his friends, his teachers, his family, and anyone else in his environment. surrounding area.

4. Fulfilment Award

Fulfilment to award participant educate, no always in the form of achievement, but also can in the form of award self and recognition from other people, and from people in the environment school especially. This is can increase confidence self in participants educate. Through trust strong self, participant educate will more capable overcome challenge emotional and caring balance his emotions.

5. Fulfilment Actualization Self

Achievement potential full self through creativity, development self, growth personal, as well as realization self will give deep satisfaction in self-someone. Even though fulfilment will need base the last human This seldom can achieved by participants educate, but participant capable learner achieve and fulfil need actualization self, have potential intelligence great emotional. Fulfilment to need actualization self can help participant educate in develop as well as manage emotion in a way more effective.

Fulfillment need to individuals, in particular participant educate can trigger development social and emotional. Through influence this is it then will form stability lingering emotions in self-participant educate and will become determinant attitudes and behavior participant educate in the environment socially, especially at school.⁸

Besides capable manage emotion with positive and effective, individuals who have intelligence good emotional also has ability in face source problems and find solution problem the.⁹ As for the abilities of course, only will owned by individuals who have fulfilled all need basically as human beings. This can also become proof strong, that theory hierarchy needs proposed by Abraham Maslow, have strong implications in increase intelligence emotional.

CONCLUSION

Need base human beings who have fulfilled according to Abraham's Maslow view, can impact positive in increase intelligence emotional participant educate. This is due to fifth need humans as proposed by Abraham Maslow, namely need base the covering need base physiology, sense of safety and comfort, needs love and affection dear, need social and needs actualization self, have implications to intelligence emotional every individual, including participant learn. Participants students who have fulfilled need basically, then tend will own intelligence more emotional good.

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⁸ Azmia Aulia Rahmi, Rina Hizriyani, and Cucu Sopiha, "Analisis Teori Hierarki of Needs Abraham Maslow Terhadap Perkembangan Sosial Emosional Anak Usia Dini," *Aulad: Journal on Early Childhood* 5, no. 3 (2022): 320–28.

⁹ Cut Mellyza Rizka, "Hubungan Kecerdasan Emosional dengan Problem Focused Coping pada Mahasiswa Berorganisasi di Universitas Paramadina' Penulis: 1. Maida Riyani 2. Tiara Putri Pertiwi," 2022.

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